

**Hepatitis** means inflammation of the liver and is often caused by a virus.

There are **3** common types of viral hepatitis – each caused by a different virus.



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You **CAN** prevent infection with a hep A vaccine.

Hepatitis A (Hep A)



Hepatitis B (Hep B)



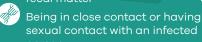
Hepatitis C (Hep C



You **CAN** get hep A from:



damage to your liver



person

Your body will usually fight off the infection, often with no lasting

Viral hepatitis infections can be serious diseases - people with hep B or hep C infection can progress to develop chronic liver diseases, including cirrhosis and/or liver cancer.

Understanding hepatitis starts with knowing your ABCs.

## There is **NO** specific treatment for hep A. **Hep**

For most patients,

cured, but effective

available to reduce

the amount of hep B

hep B cannot be

treatments are

virus in the body

problems.

and the risk of liver

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You **CAN** prevent infection with a hep B vaccine

You **CAN** get hep B from:







You **CANNOT** get hep B from:

Sharing food or water

Touching, hugging, coughing, or kissing

## Chronic hep B is a silent killer

Even if you don't feel sick, you can still infect others, and the virus may be active and damaging your liver.

Chronic hep B can be lifelong and may cause serious liver damage, including cirrhosis and liver cancer.

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There is **NO** vaccine available to prevent hep C.

You **CAN** get hep C from:

Being born to an infected mother

Having blood-to-blood contact or sexual contact with an infected person

Sharing of items contaminated with infectious blood (eg, razors, toothbrushes, needles, syringes)

You **CANNOT** get hep C from:

Sharing food or water

Touching, hugging, coughing, or kissing

## Chronic hep C is a silent killer

Hep C is a slowly progressing disease, with symptoms that may not appear for years, if at all.

Hep C can cause serious liver damage – it is one of the leading causes of liver cancer and liver transplantation in the U.S. Aware Know your risk factors

Blood test

Take a simple blood test to find out if you have hepatitis

Communicate

Talk to your health care provider about hepatitis





Hep C can be **cured** with available treatments.

To learn more about how you, your friends, and family can be screened for or manage hep B or hep C, please visit:

**HepB.com** and **HepCHope.com** 



